

 *We are on the edge of the Atlantic Ocean and at any moment a tsunami comes from the Cape Verde Islands, and I already have to sow for this or that rebirth*

Every healthy person is happy.

Translation from Spanish, sentence by sentence with a few neologisms, I have held back. Through the Google Translator. Thank you for your kindness...

. Veá:

"[El Sentido dela Vida](#)"; Kreimer, Roxana. [YouTube](#)-

"[Budismo](#) Un Antídoto contra la Insatisfacción"; Kreimer, Roxana. [YouTube](#)-

[*We all suffer from the childishness of our contemporaneity; In which Stupidity still spreads more efficiently than sensatez, and sensatez does not exist.*]

[Dhammapada](#) : "[Enseñanzas Secretas Budistas](#)"; David Neel, Alexandra.

*Nothing nor nobody
neither perpetual nor by itself is*

everything and everyone co inter co we are

It is a Scientific Buddhist synthesisistsyncretism; ergo by myself experienced: For years I have assumed that I cannot consider as a suitable intellectual or scientist anyone who has not studied the teachings of the longest-lived cultural currents and who have interthought more and better.; such as Confucianism, and Taoism, The Buddhists, and The Vedanta. It's not a matter of knowing them inside out, but it's enough for me that at least I have thoroughly reviewed some of the most outstanding sources: Too much Descartes, and none of the Buddhas. However, to help explorers: I have decided to create this pamphlet. I understand that such an intellectual lack explains the nihilism that the Physical Sciences and TransModernity suffer from; ergo it lacks a vital thread, that is, they lack a MetaThread_RacioLogicoNotional that links and relinks all their realities; such a succinct, attractive and regal florist's cluster. **We need a revolution** of the meta paradigms. SeekiÇng a new way of doing Arts, PhiloSoFiAs and Sciences **plus synergistically human: We have to found a Human AFC Academy**. And Re Engineer the UN.

According to the Buddhas the greatest thirst for the/hit/it/on/us, that presentist autosynergy, that presidentialism. That capacity to be almost emptied at every moment, that sagacity almost perpetually attentive to everything that happens. The one who dresses up, and lives according to his preferences, consciously or not. He clings to a self-constituted meta-model similar to certain social idiosyncrasies mixed with his ideals, **seek enlightenment**. And they warn; Only those good people who have reprocessed and re-imprinted all their realities are enlightened, seeking inter-natural congruence... Ergo reprocessing, reprogramming and resystematizing our mentality deeply: restructuring and rethinking all our notions, and all our intellectual processes. Getting rid of all the inconsistencies and labeling requires detecting them: Sitting patiently to reprocess everything, following the pattern in moderation; ergo always seeking the most epicurean self-intellectual equanimity from time to time; and from time to time The Mind rests, trying to empty ourselves to receive the next discomfort to recognize. I suspect that Buddhist Enlightenment implies a specific hormonal spectrum as Biologic self-gratification, which rewards the experientiality of the organism that sustains us for being quasi-fully optimized, compliments us and surely grants us royalties for Our Karmic Merits

When we find ourselves with an uncomfortable self-memory: We reimagine ourselves in front of the Us of when in such surrounding; We give each other a compassionate hug, and then we talk, and in that we self-psychoanalyze ourselves and even give ourselves the opportunity for human inter-kindness to emerge, ergo compassion and compassion, emerged from the hormonal climax suitably pre-induced by self-inter-theatricalization. If we have an indomitable anguish; We reimaged it as an ignuded baby, we tuck it in, feed it and put it to sleep in our bosom. We must use our organicity wisely, explicitly the interreflex relationship between The Body and The Mind_SoulZen

Normally every Tree tends to verticality, however; Naturally; Normally all the Trees are crooked, and in itself their history is denoted.. Obviously every tree is beautiful: The good thing is that human beings are very psychoflexible; every being is a hero. Consciousness is self-surpassing. All colors are gray, the BioOrganizidad gives us such illusions

Everyone who recognizes
the Relevance of the Four Primordial Truths is considered as Buddhist

The Four Primal Truths
And The Eightfold Path to Virtue

- First** : Sometimes we suffer
- Second** : Let's assume that our ailments are due to self-intellective inconsistencies; Get used to it and patiently detect the inconsistencies; Re-understand, re-equalize, re-synthesize, and re-synthesize it; ergo adequately reimprinting everything entails many hours of patient walks or even of patients sitting.
- Third** : Inter Mutual Well Being Is Possible; Goodness is in us.
- Quarter** : The Ancestors have bequeathed to us the Eightfold Path to Excellence: It consists of self Epicurean Stoic Mind training in the Eight facets of Consciousness: Perspective, Thought, Speech, Action, Modus Vivandi, Effort, Attention, and Concentration; each, plus Correctly

Full Illumination; A certain intellectual enjoyment, quasi automystic, explicitly speaking an autopoetic ecstasy; it emerges by itself when certain degrees of intercongruence are reached. It is a milestone of transcendence as many have had; Some, in some childhood asthmatic crisis, after having seen or participated in some super disruptive event. The self-reconstruction after a trauma, sometimes sudden, sometimes long-term until meeting a redirecting milestone; It implies a self-transcendence, and is usually self-important. We are all Buddhas, sometimes it is ignored by the fatochego, minimized, crushed by our foolishness and dissatisfaction; each one at their level of clairvoyance: The ancestors bequeathed to us the notion that each one is building their social meta-role in a hurry; imprinting mostly obtuse, superficially interconnected notions. As a result, all superficial reality separates us from the possibility of being assertive

Since I have always felt an instinct to do what no one else has done, as a result, mostly, for nothing. .. That my intellectual altruism is my personal sacrifice, and a large part of the merits necessary to access the most appropriate perspectives.. I have to explain to you that every intelligent person finds his intuitive notions in the geniuses that he comes across, mostly does not require exogenous instruction, mostly he already has everything experientially well structured; And that has required a lot or no effort from him. As a result, being the great democratizer of Idiomatics and Natural Physics, *Sometimes I even get the cold, astonishing sensation that no one has ever understood anything correctly. We have everything to explain.* and now of Buddhism. The books, the speeches merely induce, exemplify, teach, educate, ergo they prosecute the rampage of the imagination. Life is to be lived first and last person

The Buddha awoken at the age of 36, and synthesized his life into 12 stages; which corroded me to infer that every 3 years he self-recycles and in that it seems that self-consciousness is synthesized itself. Likewise, human corporality apparently has a cellular autocycling of 7 years. .. And apparently everyone feels very close to those who are up to ±5 years old.. . Personally, I do not allow myself sexual contacts with anyone who has an age gap greater than 3 years. That is not to say that it is not plausible to self-illuminate earlier. HeBuddha; He bequeathed us 86,400 ways to achieve self-illumination, therefore each one must try the one that best suits himself; Almost every wisely led path brings us closer to Nirvana. To ecstasy No Vain; Al novo be in itself. Gautama; it had an illumination so overwhelming, and so elusive; Even because he was decked out with a naive plus or foolish plus idiosyncrasy. However, a moderately self-constituted person will surely re-imprint more conveniently with the present premises; And he does not experience any super sublime experience, although it is possible, [Or merely already self-illuminated through your dreams; Please dream.] Given the necessary conditions, Our Buddhahood inflames as much as it can, it floods us, it seems that the pituitary superilluminates us from within; and as a sequel it leaves us with a meta mental clairvoyance. The Buddhists recite to us: "Before Enlightenment; Carry water, and gather firewood. After the Enlightenment; Carry water, and gather firewood. Transcending each vital stage seems to imply a re-enlightenment: However, congratulations, I continued to be a very good person and I will surely continue and rest in peace. And if the Tibetan Buddhist Masters are right, surely you will no longer reincarnate until you become numb with Eternity; And if you choose to reincarnate far, far away, eventually please come back with friends. .. Personally I have experienced it a few times, some without fully knowing why I experienced it. I experienced a great awakening in a JardinDeFiestas at a Compañera's FelizQuince; I got fed up with so much worldliness, and under the stars I cried with emotion when I heard the song of their latencies. Our galactic brothers await our early egoic-social maturity

Every day we all have to agree to Life and Death with our circumstances. Such dalliances usually urge us to self-improvement, otherwise we must assume that we are moving away from plenitude and we must seek new paradigms or even request adequate help. Personally I still have questions that I have not found who can resist them and be able to exchange notions. I am sure that when I find such a person she herself will notice my diagnosis and tell me what I need. Always introspect on our diet of the last weeks. Introspect our experiences and organize personal logistics in a fortnightly view. Sometimes a mere subtle systemic intestinal colic can cloud our optimism. Having a healthy gastrointestinal transit, and a healthy liver-kidney or heart-pulmonary system requires a lot of food intelligence.. . There are bad and good families, regardless of their socio-status. Likewise, there are families that do not know how to dress intelligently either.. . We all have to suffer mourning; and each one can imply a process of around 3 years. Whether it is the loss of a close person, or a pet, or a trauma at work, or at home, etc. Resilience is a constant art

All those crestfallen who do not rebound with a sandwich with Curcuma Mozda or a Curcumado Chicken Broth requires our attention. Obviously the exacerbated ones too

Summarizing; Buddhism _{DiMaEh} is almost a KungFuMental _{DiMaEh}

Buddhists greet those who need it, Good Morning, ergo out of compassion, that is, out of mere and no mere empathy

Every happy person is healthy

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<http://dimaeh.net/>

